

Table Talks

Peter Denies Jesus and His Forgiveness

Family Discussion Questions:

- 1. What stood out to you today from Pastor Shawn's sermon?**
- 2. How do you think Peter felt after he denied Christ?**
- 3. Why do you think Peter went back to fishing (his former way of life) after he denied Christ, and Jesus was crucified?**
- 4. The sermon today was on mental health, why do we find it hard to talk about our mental health, or ask someone about their mental health?**
- 5. As a family how is everyone feeling when it comes to anxiety, fears, feelings, or emotions that may be troubling us?**
- 6. What are some practical ways we can love those around us who may be struggling with some of the challenges pastor Shawn referenced in his sermon today?**
- 7. How do we start a conversation with someone about their mental health, and why is this important?**
- 8. What are some Biblical promises we can claim and ways we can pray for our mental health and those in our family who may be struggling?**

